

# MRC Regattas

## Pre-Regatta Planning

### 1) Signup Genius Volunteer

- Appoint one parent volunteer to prepare and send Sign Up Genius for the whole season.
- Request list of all parent emails from Roger – needed to set up the Sign-Up Genius mailing list.
- Obtain list of needed food/items from Regatta organizers.
- The signup must be very detailed. Specify that breakfast food items are to arrive morning of regatta (even if rower is not scheduled to arrive until afternoon), perishable items must be kept in cooler, fruit/veggies washed, and exact number of items needed. Signup must include statement that the food Reimbursement Form is located on website (MRCjuniors.org) and the form should be completed and submitted to Joe Cincotta ([jrc4@chorus.net](mailto:jrc4@chorus.net)) along with receipts for food/regatta reimbursements.
- Send signup one week prior to regatta.

### 2) Regatta Organizers

- Designate 2-4 Regatta Organizers for each regatta.
- Prepare menu for regatta, determine what food and other items (i.e. chili bowls, soup cups) needed and send list to Sign Up Genius Parent Volunteer to prepare and send to parents.
- Look at weather forecast before planning. Food ideas: sandwiches and wraps, homemade soup, chili, tacos, pasta, grilled cheese/ham&cheese, grilled burgers and chicken.
- Food items to have at every regatta: water, Gatorade, peanut butter, Nutella, cliff bars, variety of fruits and veggies, turkey jerky, bagels and variety of cream cheeses, muffins, trail mix, chocolate milk (one for each rower), vegetarian and gluten-free food choices.
- Food items to avoid: mayo based salads, very spicy food, anything that spoils quickly in hot weather, anything that cannot be served quickly.
- Send Roger reminder to request athletes bring 2 gallons of water to regatta.
- Exchange cell numbers of all regatta volunteers.
- Check black storage bins to make sure all necessary items are packed (inventory list located in bins and below); one organizer is responsible for bringing storage bins to regatta. Best to pick up from boathouse the day before the regatta.
- Parent volunteer in charge of ordering and picking up bagels should place order early - an assortment of bagels and cream cheese (usually 7 dozen) and 2 containers of coffee and one container of decaf, creamer, sugar, cups for coaches. Confirm pick up time.
- If no one has signed up to bring an item on the signup genius form, one of the organizers should bring the item.

### Regatta Tent Setup/Breakfast

- Coaches will bring tents, tables, flags, tarps, and 2 beverage coolers; athletes typically set up tents but may need some volunteer help.
- Have parent volunteers help with table set up, table clothes, and arranging breakfast items, fruits, granola bars. Put cream cheese, yogurt and any other perishable on ice – shallow coolers work best.
- Label and store ice coolers and lunch items under tables.
- Put all chocolate milk in coolers with ice.
- Prepare one beverage cooler with Gatorade, and the other with water.
- Insert garbage bags in collapsible trash bins and tape to various poles around tent area.
- Parent Volunteers rotate reorganizing/refreshing food, ice, and beverages; emptying garbage bags.

### Lunch

- Timing for lunch setup depends on regatta schedule, and the amount of time needed to prepare food (i.e. sandwiches verses chili). Review regatta schedule to make sure lunch is ready for athletes who have completed second race of the day (that may be 11am).
- Discard any perishable breakfast items that have been sitting out for hours.
- Keep nonperishable breakfast items out.
- Set up lunch items, plates, utensils, condiments, etc.
- Replenish water and Gatorade coolers; check chocolate milk coolers.
- Volunteers rotate reorganizing/refreshing food, ice, and beverages; emptying garbage bags.
- After coaches have eaten lunch, discard any remaining breakfast items, consolidate lunch items, and put out afternoon snacks.

### Cleanup

- Set aside a few snack items and chocolate milk for last 2 boats to take when done with race.
- Place items to be washed in organizers' coolers, help load in cars.
- Pack up storage bins and help load cars.
- Empty water and Gatorade coolers.
- Athletes must help fold tents, tarps, flags, and tables and bring and bring to trailer, along with 2 beverage coolers and any unopened gallons of water – need volunteers to direct athletes on what to do.
- Clean up trash around tent area (request athletes to do this) and place garbage in central collection area.
- Collect any lost/forgotten items and return to boathouse (Monday after regatta).
- Organizer(s) cleans utensils and bowls, replenish storage bins (inventory list in bin), return bins to boathouse or to organizers of next regatta .
- Have a shower and cocktail – you are done!

### Items needed in black storage bins:

- Paper plates
- Cups
- Tin foil
- Knives
- Sunblock
- First aid kit
- Trays and bowls
- Markers and labels
- Insect tents
- Clorox wipes
- Matches/lighter
- Table clothes (team has 4 polyester table clothes, extra plastic table clothes)
- Screwdriver (not the drink)
- Napkins
- Utensils
- Cutting boards (plastic sheet boards)
- Large and small plastic bags
- Heavy-duty black garbage bags
- Collapsible garbage cans
- Duct tape
- Scissors
- Hand sanitizer
- Paper towels

### Specific Regattas:

- 1) Monona - Madison
  - Get to regatta early – difficult to drop off items once other teams arrive and space for tents is limited. Will want to stake out any area.
  - Tent set up is far away from race course. Rotate volunteers so parents can see children race.
- 2) GCJRC - Crystal Lake, IL
  - Not a direct route to get to regatta, so allow extra time.
- 3) Midwest – Cincinnati
  - Need all rowers to bring 2 gallons of water each. Site is remote and there is not access to water.
  - 3 days. Need to make sure all food is well insulated. Will need to replenish ice in coolers. Ice is available at the regatta site, but they can run out if it is hot.
  - Make sure to get all coolers/chairs/items off buses – the buses do not stay at regatta site.
  - On Friday, set up tarps and tents and leave coolers at tent site.
  - Bring boots if forecast calls for rain.
  - Team rents a car. Will need for bagel pickup, etc.
  - If regatta area is muddy, buy a few bags of mulch to lay around food tables.
  - There is no nearby bagel shop. The volunteer bringing bagels & coffee needs to pick up order early and get to regatta site. Allowed to drop off items near tent and then move car.
  - Have fruit and cliff/granola bars in cabin of bus on Saturday and Sunday mornings - Hotel is 45 minutes from the race site and rowers scheduled to race early will not have time to eat at race site. So, they need food on bus. No time to dig it out of bottom of bus. Best to set up in cabin of bus the night before. A chaperone should pass out food on the early morning bus.
  - Keep reminding rowers about sunblock and hydration – 3 days of traveling. Keep an eye out for dehydration.

- 4) Summer Scrimmage – MRC boathouse
  - serve breakfast and coffee/tea. Skip lunch. Maybe organize 2 food trucks to be at boathouse – uncertain of cost or availability.
  - If choose to have tables and chairs for guests, rent from Suburan Rental at least 1 month prior.
  - **IMPORTANT** Get key from Roger for ramp gate – the rental company cannot back their truck down the boathouse ramp unless unlocked
  
- 5) Chicago Sprints – downtown Chicago
  - 2 days. Nice location and good shade. Arrive early to get paid parking.
  - Rowers arrive at different times, but breakfast food volunteers and regatta organizers need to be at regatta early morning
  -
  
- 6) Twin Cities – Minneapolis
  - Only need breakfast and lunch for one day of racing.
  - Keep reminding rowers about sunblock and hydration – 2 days of traveling. Keep an eye out for dehydration.
  
- 7) Milwaukee River Challenge – Milwaukee
  - Usually grill burgers and chicken. Rent grill from Suburban Rental at least one month in advance.
  - Need 2 to 3 grill volunteers.
  - Bees can be an issue
  - Bring grilling utensils and disposable cookware tins
  
- 8) Head of Rock – Rockford, IL
  - Rowers arrive at different times, but breakfast food volunteers and regatta organizers need to be at regatta early morning – parking is difficult unless get to regatta early.
  - Bees can be an issue
  
- 9) CRF – North Chicago
  - Rowers arrive at different times, but breakfast food volunteers and regatta organizers need to be at regatta early morning – parking is difficult unless get to regatta early.
  - tent area in a field – no view of the river. Need to walk a distance to get a limited view of racing.
  - Bees can be an issue



MRC Parents

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# 2016 Milwaukee River Challenge

Hi Everyone,

The Milwaukee River Challenge will be held on Saturday, September 17th at Schlitz Park in downtown Milwaukee. The team will need breakfast and lunch items for race day. There are a total of 90 athletes and coaches. Please look over the list below and sign up for any item(s) you wish to provide, and any tasks you would like to do. If you are providing items that need to be kept cool (i.e. meat, fruit or veggies), place the items in a cooler (cheap disposable cooler is fine) along with bags of ice. Label the cooler with your name and the food item. Cars will not be allowed into Schlitz Park, so keep that in mind when dropping items off. Obtain receipts for your purchases (including ice bags) and submit them directly to Joe Cincotta for reimbursement. By separate email, I will forward a copy of the reimbursement form. Thank you for all the wonderful help! Maureen D'Souza (414) 350-8363.

Also, if you would like to help choose the menu for the next regatta, please let me know.

**Date:** 09/17/2016 (Sat.)

**Time:** 5:30am - 3:30pm CDT

**Location:** Schlitz Park, N.  
Rivercrest Dr., Milwaukee

**Created** Maureen Devine

by: **D'Souza**  
**Submit and Sign Up**



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The advertisement features four circular icons showing different furniture pieces: a coffee table on wheels, a leather sofa, an armchair, and a side table. Below these icons is a larger image of a modern leather sofa in a living room setting.

**Parking Attendant (4)**

Stand at parking entrance and direct boat trailers and cars. Need help from 5:30am-7:30am and 7:30am - 9am

**2 of 4 slots filled**

- Katie Guindon (2)  
Katie and Rick Guindon

[Sign Up](#)

**order and pick up 6 dozen bagels, assortment of cream cheese, 1 travel box of coffee, 1 travel box of DECAF coffee**

need delivered by 8am

- Wendy Scherwenka

**Cooler with 2 bags of ice (6)**

Place name on cooler

**All slots filled**

- Jack Karnes
- Cathy Smtih
- Michelle VanLue
- Lisa Bates-Froiland
- scott diffley
- Kate Smith

**60 hamburger patties**

package with wax paper separators, place in cooler with ice

- Christine Mueller

**50 chicken breasts - butterfly cut please!!!**

package in wax paper separators, place in cooler with ice

- Melanie Stueber

**60 brats**

place in cooler with ice

- George Hanacik

**100 slices of cheddar cheese**

for burgers/chicken; place in cooler with ice

- Pam Carroll

**assortment of washed and cut veggies**

place in cooler, label "veggies"

- Mary Lundberg

**4 large bunches of grapes - WASHED**

- SHAOLI LU

**large bowl of strawberries - WASHED**

- Erin Binns

**2 bags of apples (no red delicious) - WASHED**

- Colleen Hutt  
HUTT family

**2 bunches of bananas (about 15 total)**

- Rohan Kaushal  
How many bananas in total?

**whole watermelon - WASHED (3)**

do not slice

**All slots filled**

- Ilka Hoffins
- Lisa Bates-Froiland
- Breanna Berends

**mix of 40 cliff bars and granola bars**

athletes like peanut butter

- Teresa Priest

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<b>15-20 yogurt packs - variety of flavors</b>	<input checked="" type="checkbox"/> Sharlene Byrne
<b>2 bags of turkey jerkey</b>	<input checked="" type="checkbox"/> Teresa Priest
<b>trail mix</b>	<input checked="" type="checkbox"/> Teresa Priest
<b>2 large bags of chips or pretzels or some other crunchy snack</b>	<input checked="" type="checkbox"/> Catherine Davies Broomfield
<b>4 boxes of 24 pack of chocolate milk (6.5 oz. each)</b> Horizon or Costco brand fine. total of 96 individual chocolate milks	<input checked="" type="checkbox"/> Rebecca Engel
<b>2 one-gallon containers of cold pasta</b> pesto sauce or Italian dressing fine. No mayo please!	<input checked="" type="checkbox"/> Jim Kile
<b>2 small squeeze bottles of: ketchup, mustard, mayo, and relish</b>	<input checked="" type="checkbox"/> Catherine Davies Broomfield
<b>1 container of peanut butter and 1 container of Nutella</b>	<input checked="" type="checkbox"/> Rohan Kaushal 16oz each or more?
<b>tray of sliced tomatoes, onions, and lettuce leaves</b> for burgers/chicken	<input checked="" type="checkbox"/> Kirsten Hildebrand
<b>60 hotdog buns</b>	<input checked="" type="checkbox"/> Marla Brandt
<b>120 hamberger buns</b>	<input checked="" type="checkbox"/> Sarah Dugan
<b>homemade cookies</b>	<input checked="" type="checkbox"/> Brian Borkin
<b>help set up tents and breakfast items (4)</b> don't need to know how to set up tent - on the job training!	<b>All slots filled</b> <input checked="" type="checkbox"/> Rebecca Engel <input checked="" type="checkbox"/> Jim Kile <input checked="" type="checkbox"/> Adrienne Widell <input checked="" type="checkbox"/> Sarah Foster
<b>Grill Helper (2)</b> Take a shift helping Chef Michael Green with grilling	<b>All slots filled</b> <input checked="" type="checkbox"/> Jim Kile <input checked="" type="checkbox"/> Michelle VanLue
<b>set up lunch food/ maintain food area in afternoon (2)</b>	<b>All slots filled</b> <input checked="" type="checkbox"/> Michelle VanLue <input checked="" type="checkbox"/> Denise Schnese
<b>clean up tent area and food at end of regatta (4)</b>	<b>2 of 4 slots filled</b> <input checked="" type="checkbox"/> Tina Campbell <input checked="" type="checkbox"/> Michelle VanLue <input type="checkbox"/> Sign Up <input type="checkbox"/>
<b>clean utensils, bowls, garbage bins, restock black storage bins for next regatta</b>	<input checked="" type="checkbox"/> Kathy O'Leary

**Submit and Sign Up**

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MRC Parents

## 2016 ROWtoberfest Regatta

Hi Everyone,

The ROWtoberfest Regatta will be held on Saturday, October 15th in Chicago, IL. The team will need breakfast and lunch items for race day. There are a total of 90 athletes and coaches. Please look over the list below and sign up for any item(s) you wish to provide, and any tasks you would like to do. If you are providing items that need to be kept cool (i.e. meat, fruit or veggies), place the items in a cooler (cheap disposable cooler is fine) along with bags of ice. Label the cooler with your name and the food item. Obtain receipts for your purchases (including ice bags) and submit them directly to Joe Cincotta for reimbursement. By separate email, I will forward a copy of the reimbursement form. Thanks so much for helping out this Fall season - great team effort! Maureen D'Souza (414) 350-8363.

**Date:** 10/15/2016 (Sat.)

**Time:** 8:00am - 2:30pm CDT

**Location:** 3400 N Rockwell St,  
Chicago, IL 60618

**Created** Maureen Devine

**by:** D'Souza



Available Slot

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**NO SLOTS AVAILABLE. SIGN UP IS FULL.**



<b>Order and pick up an assortment of 6 dozen SLICED bagels (athletes love the pumpkin), cream cheese, 2 coffee and 1 decaf coffee travel containers</b> need at tent by 7:45 am	<input checked="" type="checkbox"/> Sarah Davies
<b>cooler with 2 bags of ice (6)</b> Place name and label on cooler	<b>All slots filled</b> <input checked="" type="checkbox"/> Nina Gelfand <input checked="" type="checkbox"/> Michele St. Amour <input checked="" type="checkbox"/> Karry Hill <input checked="" type="checkbox"/> Jon Hering <input checked="" type="checkbox"/> Lori Doro <input checked="" type="checkbox"/> Marla Brandt
<b>homemade muffins/breakfast breads (3)</b>	<b>All slots filled</b> <input checked="" type="checkbox"/> Ilka Hoffins <input checked="" type="checkbox"/> Becky Hempel <input checked="" type="checkbox"/> Janet Boemer
<b>1 container of peanut butter and 1 container of nutella</b>	<input checked="" type="checkbox"/> Catherine Davies Broomfield
<b>12 yogurt packs - variety of flavors</b> place in cooler with ice	<input checked="" type="checkbox"/> Roseann Gumina
<b>2 bunches of bananas (about 15 total)</b>	<input checked="" type="checkbox"/> Colleen Hutt Justin Hutt
<b>2 bags of apples (no red delicious) - WASHED</b>	<input checked="" type="checkbox"/> Tina Campbell
<b>4 large clusters of grapes - WASHED</b>	<input checked="" type="checkbox"/> Tina Campbell
<b>large bowl of strawberries - WASHED</b>	<input checked="" type="checkbox"/> Roseann Gumina
<b>mix of 40 cliff bars and granola bars</b>	<input checked="" type="checkbox"/> Kate Smith
<b>10 lbs of ground beef, seasoned and cooked</b>	<input checked="" type="checkbox"/> Kathy O'Leary <input type="text"/> <input type="text"/> <input type="text"/>
<b>10 lbs of grilled chicken, sliced</b>	<input checked="" type="checkbox"/> Maureen Devine D'Souza <input type="text"/> <input type="text"/> <input type="text"/>
<b>Turkey Jerkey (about 24 oz. total)</b>	<input checked="" type="checkbox"/> Kate Marino
<b>125 small flour tortillas</b>	<input checked="" type="checkbox"/> Rebecca Engel
<b>4 large bags of corn tortilla chips</b>	<input checked="" type="checkbox"/> George Hanacik
<b>2 gallon size bags of shredded cheese (for tacos)</b> place in cooler with ice	<input checked="" type="checkbox"/> Jill Holbrook
<b>4 small containers of sour cream</b> Please purchase small containers - easier to keep chilled on ice	<input checked="" type="checkbox"/> John Hill

**NO SLOTS AVAILABLE. SIGN UP IS FULL.**

<b>8 small containers of guacamole</b> Please purchase small containers - easier to keep chilled on ice	<input checked="" type="checkbox"/> Adrienne Widell
<b>6 containers of salsa - verde, red and pico</b>	<input checked="" type="checkbox"/> Maureen Devine D'Souza <input type="text"/> <input type="text"/> <input type="text"/>
<b>large container of black beans, seasoned</b>	<input checked="" type="checkbox"/> Andi Peters <input type="text"/> <input type="text"/> <input type="text"/>
<b>2 gallon size container of cooked rice</b>	<input checked="" type="checkbox"/> Jim Kile
<b>shredded lettuce for tacos - WASHED</b>	<input checked="" type="checkbox"/> Kris Hull
<b>diced onions</b>	<input checked="" type="checkbox"/> Michele St. Amour
<b>diced cherry tomatoes</b>	<input checked="" type="checkbox"/> Michele St. Amour
<b>assortment of washed and cut veggies and dip</b>	<input checked="" type="checkbox"/> Tammy - Rusty Bronson
<b>homemade cookies (3)</b>	<b>All slots filled</b> <input checked="" type="checkbox"/> Sarah Foster <input checked="" type="checkbox"/> Jack Karnes <input checked="" type="checkbox"/> Jennifer Dragseth
<b>Trail mix</b>	<input checked="" type="checkbox"/> Kate Marino
<b>4 boxes of 24 pack of chocolate milk (6.5 oz. each)</b> place in cooler with ice and label	<input checked="" type="checkbox"/> Jill Holbrook
<b>4 heating elements, 8 tin trays, and 20 sterno cans</b>	<input checked="" type="checkbox"/> Andi Peters <input type="text"/> <input type="text"/> <input type="text"/>
<b>help set up tents and breakfast items (4)</b> Arrive by 7:45 AM. Morning volunteers get free coffee!!!	<b>All slots filled</b> <input checked="" type="checkbox"/> Kathy & Tom LaPierre (2) Tom and Kathy LaPierre <input checked="" type="checkbox"/> Denise Schnese (2) Carsten & Denise Schnese
<b>set up lunch food and maintain food and water coolers periodically during the afternoon (2)</b> start warming up lunch around 10 am	<b>All slots filled</b> <input checked="" type="checkbox"/> Jim Kile <input checked="" type="checkbox"/> Daniel Lawton
<b>Clean up tent area and food at end of regatta (4)</b>	<b>All slots filled</b> <input checked="" type="checkbox"/> Colleen Gunther Jack Price (2) <input checked="" type="checkbox"/> Jim Kile <input checked="" type="checkbox"/> Roseann Gumina
<b>clean utensils, bowls, garbage bins, restock black storage bins for spring regattas</b>	<input checked="" type="checkbox"/> Michelle VanLue

**NO SLOTS AVAILABLE. SIGN UP IS FULL.**

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## 2016 Head of Rock Regatta

Hi Everyone,

The Head of Rock Regatta will be held on Sunday, October 9th in Rockford, IL. The team will need breakfast and lunch items for race day. There are a total of 90 athletes and coaches. Please look over the list below and sign up for any item(s) you wish to provide, and any tasks you would like to do. If you are providing items that need to be kept cool (i.e. meat, fruit or veggies), place the items in a cooler (cheap disposable cooler is fine) along with bags of ice. Please, Please, Please label the cooler with your name and the food item. Obtain receipts for your purchases (including ice bags) and submit them directly to Joe Cincotta for reimbursement. By separate email, I will forward a copy of the reimbursement form. Thank you for all the wonderful help! Maureen D'Souza (414) 350-8363.

Also, if you would like to help choose the menu for the next regatta, please let me know.

**Date:** 10/09/2016 (Sun.)

**Time:** 7:00am - 3:00pm CDT

**Location:** Y St. & Madison Blvd., Rockford, IL

**Created by:** Maureen Devine D'Souza 

Available Slot

Submit and Sign Up

<b>Order and pick up an assortment of 6 dozen bagels (athletes love the pumpkin), cream cheese, 1 coffee and 1 decaf coffee travel containers</b>	<input checked="" type="checkbox"/> Alex Leykin
<b>Cooler with 2 bags of ice (6)</b> Place name on cooler	<b>All slots filled</b> <input checked="" type="checkbox"/> Erin Tabor <input checked="" type="checkbox"/> Christine Mueller <input checked="" type="checkbox"/> Sheila Launer (2) <input checked="" type="checkbox"/> Jill Holbrook <input checked="" type="checkbox"/> Nina Gelfand
<b>150 Yukon potatoes - cooked and in tin trays for reheating</b>	<input checked="" type="checkbox"/> Andi Peters
<b>about 1 gallon size bag of shredded cheddar cheese</b>	<input checked="" type="checkbox"/> George Hanacik
<b>1 gallon size container of grilled/baked chicken - diced</b> place in cooler with ice	<input checked="" type="checkbox"/> Jim Kile
<b>1 gallon size container of baked ham - diced</b> place in cooler with ice	<input checked="" type="checkbox"/> Jim Kile
<b>assortment of washed and cut veggies and dip</b>	<input checked="" type="checkbox"/> Jennifer Dragseth
<b>4 large bunches of grapes - WASHED</b>	<input checked="" type="checkbox"/> Sharlene Byrne
<b>large bowl of strawberries - WASHED</b>	<input checked="" type="checkbox"/> Rebecca Engel
<b>2 bags of apples (not red delicious) - WASHED</b>	<input checked="" type="checkbox"/> Catherine Davies Broomfield
<b>2 bunches of bananas (about 15 total)</b>	<input checked="" type="checkbox"/> Michele St. Amour
<b>Mix of 40 Cliff bars and granola bars</b> athletes like peanut butter	<input checked="" type="checkbox"/> Melanie Stueber
<b>20 yogurt packs - variety of flavors</b> place in cooler with ice	<input checked="" type="checkbox"/> Adrienne Widell
<b>chopped broccoli - lightly cooked</b> place in tin tray with foil	<input checked="" type="checkbox"/> Karry Hill 2 heads ok?
<b>2 bags of turkey jerky</b>	<input checked="" type="checkbox"/> Colleen Hutt
<b>trail mix</b>	<input checked="" type="checkbox"/> Melanie Stueber
<b>2 containers of sour cream and 1 stick of butter</b> place in cooler with LOTS of ice	<input checked="" type="checkbox"/> Michele St. Amour
<b>1 container of peanut butter and 1 container of nutella</b>	<input checked="" type="checkbox"/> Catherine Davies Broomfield
<b>bacon bits - enough for 50 people</b>	<input checked="" type="checkbox"/> Jill Holbrook
<b>homemade cookies</b>	<input checked="" type="checkbox"/> Ilka Hoffins
<b>Submit and Sign Up</b>	chocolate chip



<p><b>4 boxes of 24 pack of chocolate milk (6.5 oz. each)</b> place in cooler with ice</p>	<p><input checked="" type="checkbox"/> John Hill</p>
<p><b>homemade muffins/breakfast breads (2)</b></p>	<p><b>All slots filled</b> <input checked="" type="checkbox"/> Patrick Smith <input checked="" type="checkbox"/> Becky Hempel mini pumpkin muffins</p>
<p><b>help set up tents and breakfast items (4)</b> at about 7 am - no experience needed - on the job training!</p>	<p><b>All slots filled</b> <input checked="" type="checkbox"/> Denise Schnese <input checked="" type="checkbox"/> Jim Kile <input checked="" type="checkbox"/> Tom LaPierre <input checked="" type="checkbox"/> Kathy LaPierre</p>
<p><b>set up lunch food/maintain food and water coolers during afternoon (2)</b> set up lunch around 10:45 AM</p>	<p><b>All slots filled</b> <input checked="" type="checkbox"/> Karry Hill <input checked="" type="checkbox"/> Beth Findlay</p>
<p><b>clean up tent area and food at end of regatta (4)</b></p>	<p><b>1 of 4 slots filled</b> <input checked="" type="checkbox"/> Karen Lonski <input type="button" value="Sign Up"/></p>
<p><b>clean utensils, bowls, garbage bins, restock black storage bins for next regatta</b></p>	<p><input checked="" type="checkbox"/> Maureen Devine D'Souza <input type="button" value="edit"/> <input type="button" value="refresh"/> <input type="button" value="delete"/></p>

**Submit and Sign Up**